

BUILD WHAT PREDATORS CAN'T COUNTERFEIT



FOUR PROTECTIVE FACTORS...
that help make children harder to manipulate.



BUILD CONNECTION

Children who feel emotionally safe at home are far more likely to speak up when something doesn't feel right.

TRY THIS WEEK:

- Eat together without devices.
- Spend one-on-one time together.
- Ask questions that go beyond "How was your day?"



BUILD CONFIDENCE

Children who know their worth are less dependent on approval from someone else.

BUILD CONFIDENCE BY:

- Praising character over performance.
- Celebrating effort.
- Helping them recognize healthy friendships.



BUILD AWARENESS

Teach children that kindness, attention, and generosity do not always equal safety.

TALK ABOUT:

- Emotional manipulation
- Healthy boundaries
- Online relationships
- Trusted adults



BUILD COMMUNITY

Children need more than parents. They need a circle of trusted adults.

ENCOURAGE RELATIONSHIPS WITH;

- Grandparents
- Teachers
- Coaches
- Youth leaders
- Pastors
- Extended family

The stronger the community...
the harder the recruitment.



Every conversation strengthens connection.
Every layer of connection makes manipulation harder



PARENT PREVENTION CHECKLIST

Small steps **today**. Strong protection **tomorrow**.



BUILD CONNECTION

- ☐ Eat one meal together every day this week.
- ☐ Spend at least 15 uninterrupted minutes one-on-one with your child.
- ☐ Ask one meaningful question instead of: *"How was your day?"*



BUILD CONFIDENCE

- ☐ Encourage healthy friendships.
- ☐ Tell your child one specific thing you admire about them.
- ☐ Celebrate effort instead of perfection.



BUILD AWARENESS

- ☐ Talk about emotional manipulation.
- ☐ Practice what to do if someone says, *"Don't tell your parents."*
- ☐ Explain that kindness does not always equal safety.



BUILD COMMUNITY

- ☐ Know your child's closest friends.
- ☐ Identify three trusted adults your child could call.
- ☐ Encourage healthy involvement in sports, church, clubs, or activities.



DIGITAL CHECK

- ☐ Review privacy settings together.
- ☐ Ask about gaming chats & messaging apps.
- ☐ Know where online conversations move after social media



EXTRA PROTECTION

- ☐ Keep communication open and consistent.
- ☐ Trust your gut and ask questions.
- ☐ Remind your child, *"I love you more than your mistakes, and you can come to me no matter what."*

HOW STRONG ARE MY CHILD'S PROTECTIVE FACTORS?

0-4

GREAT FOUNDATION

Keep building connection and keep the conversations going.

5-9

GROWING TOGETHER

Your child could benefit from more intentional connection and awareness this week.

10+

PRIORITY LEVEL

This week is a good time to strengthen communication, connection, & support.

YOUR RELATIONSHIP IS THEIR GREATEST PROTECTION.

**YOU DON'T HAVE TO KNOW EVERY APP.
YOU JUST HAVE TO STAY CONNECTED.**